

Referral Form;

I would like to register with the Young Adult Carers Project.

I give permission for someone from the Young Adult Carers Project to contact me:

NAME: _____

ADDRESS: _____

TEL: _____

Sign:

Alternatively, you can e-mail us to register. Send your details to donna@csmerton.org or tom@csmerton.org

CONTACT DETAILS

How can I access support from the Young Adult Carers Service?

If you have not accessed the Young Adult Carers Service before, please complete the referral form on this leaflet & return it to the address below, or drop it in to the Vestry Hall.

If you would like to talk to someone immediately please telephone **020 8646 7515** and ask to speak to Tom Lambert or Donna Perkins.

If you already access Young Carers activities, ask a member of staff about how to receive Young Adult Carers support once you turn 16.



CSM Young Adult Carers Project

The Vestry Hall
London Road
Mitcham
Surrey
CR4 3UD

Phone: **020 8646 7515**
Fax: **020 8646 7192**
E-mail: donna@csmerton.org
tom@csmerton.org
info@csmerton.org

Merton Young Adult Carers Information Leaflet



“YAC project has given me the help I need to deal with my problems & has shown me that I am not alone with my responsibilities as a carer”

Emma - YAC

What is a Young Adult Carer?

Do you live in the borough of Merton? Are you aged between 16-24 years old? Do you look after someone with a learning disability, long term illness, physical disability, drug or alcohol misuse problems or a mental health issue? You could be a **YOUNG ADULT CARER**



Emotional Support and Planning...

Working together with you and your family, we can help you plan your future and support you to move on from caring if you would like to become more independent

Carers Act Assessments...

Did you know that if you are over 16 and providing a substantial & regular amount of care to someone over the age of 18 you are entitled to a Carers Act Assessment under the Carers and Disabled Children Act 2000. Following a Carers Act Assessment you may be entitled to a direct payment this is a cash payment paid to you the carer.



Education, Training & Employment...

We can offer support and advice if you would like to get involved in further education or training and are worried about how this will affect the caring you do at home. We can also assist you to make job searches and applications

Socialise...

Enjoy the opportunity to meet other Young Adult Carers and relax during social events and activities the project organises



Advocacy...

We can meet with college staff, employers or other agencies to explain your needs as a young adult carer so that the professionals in your life understand the responsibilities you have at home.

If you think you might be a young adult carer and are interested in any of our services please complete the form on the back of this leaflet